# DeltaChapter

For Key Women Educators

March 2013

## December Highlights

Delta chapter member *Janet Galasso* chaired a crafting event. Ornaments were constructed from recycled Holiday Greeting cards. The lovely ornaments were brought to the Pines Nursing Home in Bristol, CT to help spread some holiday cheer!



Joan Krantz carefully measures pieces to be assembled during the chapter's December meeting craft activity. How does that saying go? Measure twice, cut once!!!



Deborah Manning. Linda Bartholomeo, Rita Caruso and roving Delta photographer LuAnn Cogliser pause in their crafting to pose for a group picture.



Janet Galasso demonstrates cutting techniques to Loretta Teevan.



*Nancy Roy* proudly displays two of the completed ornaments that will be delivered to the nursing home. Below is a sample of the day's creations.





## Notable Good works...

On Saturday, January 12, Delta sister *Laura Dunn* and her golden retriever "Baily" listened to a story read by a Thomaston fourth grader. He and his owner attended the Young Readers program at the Thomaston Public Library. Baily is awaiting his treat for being such a good listener! (Town Times Photo).

## By the Numbers...

**42 Teddy** bears, donated by Delta members during the December meeting (below) were given to PAL for distribution to needy children on December 21<sup>st</sup>.

**91** Dollars were collected for World Fellowship

**37** Members attended the December 8th meeting.

**160** Canned goods (right) were collected to stock the Torrington Food Bank..



REMINDER!!! We are collecting cancelled stamps, as well as religious holiday cards for Haiti at our March meeting – Bring 'em in!!!



Send us photos, along with information on any "milestones" you wish to share. This would include anniversaries, births, weddings, educational milestones, retirements and any other important life events. We are also asking members to share any newspaper articles celebrating accomplishments by our chapter members. Info should be sent to **lbartholomeo@icloud.com** 



Dear Delta sisters,

I hope this letter finds you warm and safe and sound from the elements! As I write this, I am surrounded by over two feet of snow and icy roads. Haven't seen anything like this since the blizzard of '75. I remember fondly making coffee in the fireplace made from icicles I broke off the deck! This time I planned ahead and visited Dunkin' Donuts!

I am looking forwards to seeing all of you at our March meeting. Our speaker, Barbara Martensen, from Barbel Fitness Studio, will be speaking on Health and Wellness for Women. Don't worry...you don't have to work out! Plus, we'll be having a tasty lunch. Don't hesitate to wear green.

We will be auctioning a gift basket to match our theme....filled with Bath and Body products, a candle and a bottle of wine. All great for our wellness!

At the State Executive Board meeting a few weeks ago, there was a great deal of talk about what we as teachers and retired teachers, can do for the Sandy Hook community and those who lost their lives. Many suggestions were offered and, as of this writing, we may be joining with our sister chapters to sponsor a scholarship for a young woman studying to become a teacher. We will have more details soon, and I hope we will all be able to give a bit to this cause.

A few coming events I would like to mention. The State Spring Convention will be held on April 27 at the Marriott in Cromwell. At this meeting, there will be speakers and scholarships will be awarded. It will be a great day to renew friendships with our sisters, so try and save the date. This summer, July 24, marks the onset of the International Convention. Get together with friends and plan a mini-vacation for yourself! More details will follow.

I look forward to seeing you on March 16!

Sincerely,

Mary Jane

## **Spring Convention Update**

The convention on April 27, 2013 at the Courtyard by Marriott in Cromwell will have Jeanne Morascini as the Keynote Speaker. The title of her presentation is "Visions of Strong Chapters Dance in My Head". Among the activities at the convention are installation of new State Officers, Achievement Awards, Chapter Newsletter Awards, and Service Pins. Our Delta Chapter sisters to be honored for their many years of membership are:

Carol Beam – 30 Years

Janice Sambuco – 40 Years

Mildred Reed – 50 Years

Elizabeth Zaharek -50 Years

Advance sale raffle tickets for the Spring Convention will be on sale at our March Meeting. Each chapter will donate a raffle gift (\$40.00), with the proceeds used to support grants given by the state.

**Calling All Artists** – You are invited to exhibit your paintings, drawings, etchings, watercolors and photographs at the Spring Convention. Please bring the artwork to the convention, or send it in with a sister who is attending. (Those who will not be attending the convention but wish to submit work may bring the work to the March Delta meeting and give it to an Officer). Artwork can be framed or unframed. No "crafts" or sculpture, please!

**Sad News:** After many attempts to locate Sarah DalPozzol, we have discovered that she passed away on July 14, 2007. She will be honored at the *Ceremony of Life* during the convention.





## All the Classroom is a Stage

## By Sybil Haggard

My best friend is a teacher and she always says that our noble profession is at least 80% acting. I didn't realize how right she was until I started teaching almost four years ago. Education is actually my second career. I majored in both math and music in college and I pursued my passion to be onstage when I graduated. For thirteen years I was a professional singer, actress, and dancer. I worked on land and sea, performing in theatres all around the US and on cruise ships. It was an amazing way to see the world – a true education about people and cultures. Nevertheless, I always felt a calling to teach.

To make a long story short, four years ago I met my husband, a drummer, while starring in "Oklahoma!" at the Warner Theatre in Torrington. I married him and finished up my certification to teach high school math (I had participated in the ARC program back in 1996). I taught for a year in Waterbury and I've been at Torrington High School since I married and moved to the Northwest Hills.

I love teaching! It combines my love of both performing and math. It challenges me mentally, physically and emotionally more than any day I spent on the stage. Being grounded in content knowledge is primary, but with todays student we need to bring that content to life with real examples and tons of enthusiasm. Every class is performance. Whether we are exhausted, discouraged, or frustrated, we need to "act through the pain" and exuberate love for our subject. We have to show our students that despite life's challenges, our passion will get us through. On some days this "show" takes my strongest acting skills, skills I honed through years in class and on stage.

In the course of the school day I put on all my masks – excitement that a student handed in a homework "only" two days late, sternness so that students know how disappointed I am about inappropriate behavior (when I might want to laugh) and interest that a student's boyfriend broke up with her for the 12th time that month (yawn!). Its not that I'm not sincere, but just like performing the same show 9 times a week, bringing excitement and passion to the same lesson five times a day takes acting. Most days I feel like ringmaster of a circus – planning and executing lessons, reminding students of missed work, calming students who got in a fight at lunch, comforting a girl whose boyfriend broke up with her, keeping track of grades, making copies, making transparencies, writing student recommendations, creating tests, correcting homework, reading and answering endless emails; the list goes on and on.

At the end of the day I'm exhausted, but satisfied that my life serves a purpose, a great purpose — inspiring students to learn! As much as I loved the stage, I leave school everyday feeling like I've done something to make our world better. I feel I have used the gifts I have been given and the talents I have honed to help another human experience knowledge and the love of learning.

**Reminder!!** We invite Delta members to submit articles that highlight their special talents, skills and interests that promote good works in the community, (You may also write about a fellow Delta sister who is worthy of special note by "making a difference"!)

## Delta Kappa Gamma – Delta Chapter Minutes December 8, 2012 Attendance – 37

The December meeting of Delta Kappa Gamma took place on December 8, 2012 at The Hills Restaurant in Waterbury, CT. The meeting began with President Mary Jane Miller recognizing Debbie Manning who was the guest of Rita Caruso.

Mary Lou Kuegler presented the thought for the day.

The Minutes for the previous meeting were sent to all members via e-mail and were accepted.

**Treasurer's Report – Rosemary Mikasauskas –** Dues are still coming in. Joanne Chenkus asked how many had paid and Rosemary responded all but 7 or 8. Mary Jane Miller asked if a reminder notice needed to be sent out. Rosemary replied that this had been done. Rosemary also reported that the Diaper Bank shows a \$0.06 deposit, due to the fact that a check for \$20.00 had been sent, with diapers purchased for 19.94. This left a remainder of six cents, which was deposited.

**Presidents Report – Mary Jane Miller:** Kudos to Linda Bartholomeo and Paulina Auclair for invaluable help with the newsletter and craft.

- Mary Jane asked for people to notice the Milestones section that has been added to the Newsletter
  and asked if people have events such as births or awards to send in. They may send them directly to
  Paulina Auclair.
- There will be an executive board meeting on January 12.
- Luann Cogliser reported on the November 3 state conference which included :a
  - o panel discussion on changes the state has made moving from BEST to TEAM .Paulina Auclair was a member of the panel who spoke on her experiences as a mentor in both systems.
  - o A guest speaker led the group in laughter exercises.
  - Founder's celebration, presentation of pictures and several Alpha Kappa Gamma grants were also discussed. One of the presenters will be invited to attend a future meeting of Delta Chapter.
- Mary Jane asked members to remember those who were affected by Hurricane Sandy. DKG offers an emergency fund of up to \$500 for any member who has suffered as a result of disaster. Information is on the DKG website.
- Mary Jane requested volunteers to attend the Delta Kappa Gamma meeting in Portland, Maine in July.
- 2013 Annual CTAUN Conference at the United Nations will be Friday, January 18th, 2013. The
  topic is "Advancing Social Justice: The Role of Educators". Materials for the program are available at
  ctaun.org.

**Corresponding Secretary Report – Rita Caruso** received and read a letter from Terry Doyle regretting the need to be removed from the membership list. Discussion took place over whether it was possible for Terry to request to be put on "reserve" membership. Joan Krantz will check membership guidelines.

First Vice President – Monica Kreuzer Introduced the new DKG app for Ipad and Iphone.

Second Vice President - Paulina Auclair - No report.

**Legislation** – No report. Mary Jane Miller requested that someone volunteer to fill the position.

**Professional Affairs – Claudette LaFlamme –** Guidance departments will be receiving applications for the Delta Book Grant. She requests that teachers check in with the departments and also recommend it to students to spread the word and get more candidates.

**Historian – Luann Cogliser –** No report. She requested for someone to take over the scrapbook. She also requested that if newspapers have articles about Delta members or activities, to please save them for her.

Finance - No report.

Nominations – Joan Krantz - No report.

Communications – Paulina Auclair – No report.

**Scholarship – Joanne Chenkus –** The application for scholarships for DKG members is located on the DKG website.

**World Fellowship – Mary Ellen Harmon –** Christine is in China – an e-mail was read on her experiences so far.

**Curriculum of Hope – Colleen Spieler –** Colleen shared articles on Anti-Bullying activities, conservation and Nike Shoe Collection.

**Program – Sondra McDonald –** March 16 is the next meeting. Location, cost and time will be announced as soon as that information is made available. Sandra Genung raised a question regarding the time and cost of meetings. Sondra explained the process of finding locations for meetings. Joanne Chenkus stated that she had spoken with the planners at Junipers and had the information regarding cost, time and location for discussion.

**New Business** – No new business was introduced.

- The craft for the meeting was prepared and presented by Janet Galasso. The ornaments will be brought to the Pines Nursing Home in Bristol, CT.
- 40 stuffed animals were donated and will be brought to Waterbury PAL.
- The canned food collected will be brought to the Torrington Food Bank.

Respectfully Submitted,

Mary Lou Kuegler, Secretary.



Delta Sisters enjoy the spirit of the season



## Delta Chapter March Meeting Juniper's, Middlebury Saturday, March 16, 2013 10:15 – 1:30 pm

10:15 Registration

(Coffee and Tea Available)

10:30 Meeting

11:30 Luncheon

12:30 Program - Presentation by Barbara Martinsen

on Women's Health and Wellness



#### Juniper's

1383 Whittemore Road Middlebury, CT 06762 (203) 598-0422

Cost: \$25.00 (includes salad, entrée and dessert, coffee/tea)

Delta members Joanne Chenkus, Nicole Knott, Marylou Kuegler, Mary Jane Miller and Paulina Auclair at the December 8 meeting at the Hills Restaurant in Waterbury.

#### DIRECTIONS:

#### From Northern Connecticut:

CT Route 8 South toward Waterbury. Take Exit 33 to merge onto I-84 West toward Danbury. Take exit 17 to merge onto Chase Parkway/CT Route 64 toward Middlebury. Continue on Route 64. Turn left onto Route 188/West Street. Junipers will be on your immediate right.

#### From Eastern Connecticut:

Follow I-84 towards Waterbury. Take Exit 17 to merge onto Chase Parkway/Route 64 toward Middlebury. Continue on Route 64; turn left onto Route 188/West Street. Junipers will be on your immediate right.

#### From Western Connecticut:

Follow I-84 East toward Waterbury. Take exit 16 for Route 188 toward Middlebury. Turn Right at Route 188/Strongtown Road. Continue to follow Route 188. Turn Right at CT 188/West Street. Junipers will be on your immediate Right.

Loretta Teevan, 150 Lane Avenue, Bristol, CT 06010.	
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Name:	Phone:
Email Address:	
Luncheon Choices (Circle One)	

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Stuffed Fillet of Sole

Boneless Stuffed Chicken Breast

Send Checks Payable to "Delta", along with your meal choice no later than March 5th to

Yankee Pot Roast

I will attend. A check for \$25.00 is enclosed.	
I cannot attend the meeting, but would like t	to purchase raffle tickets for a "Health and Wellness" gift basket
at \$1.00 per ticket My check for \$	is enclosed.

**Delta Chapter Meeting** Junipers Restaurant Middlebury Saturday, March 16, 2013 10:15-1:30 pm

### 10:15 Arrival and Fellowship

#### 10:30 Meeting

Approval of Minutes Mary Lou Kuegler

Secretary

Correspondence

Corresponding Secretary Rita Caruso

Treasurer's Report

Treasurer Rose Marie Mikasauskas

Report of Officers

President Mary Jane Miller First Vice President Monica Kreuzer Paulina Auclair Second Vice President

Standing Committee Reports

Program Loretta Teevan, Sondra Macdonald

Membership Lana Warren Parliamentarian June Legge Fine Arts Peg Goranson

Legislation

Professional Affairs Claudette LaFlamme Historian LuAnn Cogliser Rose Marie Mikasauskas Finance

Nominations Joan Krantz

Communications Paulina Auclair; Linda Bartholomeo

Scholarship June Legge

World Fellowship &

International Funds Christine Comeau Curriculum of Hope Colleen Spieler/Deborah Flaherty

Old Business New Business

11:30 Luncheon Served

Program - Women's Health and Wellness presented 12:30

by Barbara Martinsen.





Mother and Daughter busy at work...